

Tuesday 14-Mar	Wednesday 15-Mar	Thursday 16-Mar	Friday 17-Mar	Saturday 18-Mar	Sunday 19-Mar	Monday 20-Mar	Tuesday 21-Mar	Wednesday 22-Mar	Thursday 23-Mar	Friday 24-Mar
Host: Support Team	Host: Support Team	Host: Lion	Host: Leopard	Host: Buffalo	Host: Rhino	Host: Elephant	Host: Lion	Host: Leopard	Host: Buffalo	
07:00-08:00 Breakfast	07:00-08:00 Breakfast	07:00-07:30 Breakfast Leave for teambuilding	07:00-08:00 Breakfast	07:00-08:00 Breakfast		07:00-08:00 Breakfast	07:00-08:00 Breakfast	07:00-08:00 Breakfast	07:00-08:00 Breakfast	07:00-08:00 Breakfast & Departure
08:00-09:30 Growth mindset		Teambuilding	08:00 - 10:30 My Leadership Orientation	08:00 - 10:30 Communication	8:15-09:00 Breakfast 09:00-10:30 Strategic thinking	08:00 - 10:30 The best leader I know	08:00 - 10:30 Advocacy	08:00 - 10:30 Case study	08:00 - 10:00 Evaluation	
09:30-10:30 Selfawareness, leading yourself										
10:30-11:00 Break			10:30-11:00 Break	10:30-11:00 Break	10:30-11:00 Break	10:30-11:00 Break	10:30-11:00 Break	10:30-11:00 Break	10:30-11:00 Break	10:00-12:30 ANLP Declaration
11:00-12:30 Leading yourself, reflection			11:00-12:30 Locus of control	11:00-12:30 Communication	11:00-12:30 Lead from where you stand	11:00-12:30 Network Café	11:00-12:30 Advocacy	11:00-12:30 Case study		
Feedback as a tool for growth										
12:30-14:00 Lunch	13:00-14:00 Lunch	13:00-14:00 Lunch	12:30-14:00 Lunch	12:30-14:00 Lunch	12:30-14:00 Lunch	12:30-13:00 Reflection 13:00-14:00 Lunch	12:30-14:00 Lunch	12:30-14:00 Lunch	12:30-14:00 Lunch	
14:00-16:00 Introduction, expectations Ground rules Housekeeping	14:00-15:30 ANLP Games	14:00-15:00 The best leader I know 15:00-17:30 Teambuilding	14:00-15:30 Communication	14:00-16:00 Communication	14:00-15:00 Nutrition workshop 15:00-15:30 Break 15:30-16:30 Nutrition workshop 16:30-17:30 Open discussion	Afternoon out	14:00-15:30 Advocacy	14:00-15:30 Nutrition Leadership in Africa	14:00-16:30 Celebration preparation	
16:00-16:30 Break	15:30-16:00 Break		15:30-16:00 Break				15:30-16:00 Break	15:30-16:00 Break		
16:30-18:00 Leadership introduction	16:00-17:00 Network Café 17:00 - 17:30 Reflection		16:00-17:30 Communication	16:00-18:00 Group activity			16:00-17:30 Advocacy	16:00-17:30 Open discussion & feedback	16:30-17:00 Group photo	
18:00-19:00 Teambuilding	17:30-19:00 Committee planning meetings	17:30-18:00 Reflection 18:00-19:00 Free time	17:30-18:00 Reflection 18:00-19:00 Free time	Reflection 18:00-19:00 Free time	17:30-18:00 Reflection 18:00-19:00 Free time	Dinner out	17:30-18:00 Reflection 18:00-19:00 Free time	17:30-18:00 Final reflection 18:00-19:00 Free time	17:00-19:00 Closing session Declaration	
19:00-20:30 Dinner	19:00-20:30 Dinner	19:00-20:30 Dinner	19:00-20:30 Dinner	19:00-20:30 Dinner	19:00-20:30 Dinner		19:00-20:30 Dinner	19:00-20:30 Dinner	19:00-20:30 ANLP Celebration	
		Lion debrief	Leopard debrief	Buffalo debrief	Rhino debrief	Elephant debrief & feedback	Lion debrief Lion & Buffalo feedback	Leopard debrief Leopard & Rhino feedback		
	Newsletter: Support Team	Newsletter: Rhino	Newsletter: Elephant	Newsletter: Lion	Newsletter: Leopard	Newsletter: Buffalo	Newsletter: Rhino	Newsletter: Elephant	Newsletter: Special Edition	

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